

magazine

Dear Families,

This year you will receive an extra magazine each term, the BPS **Wellbeing Magazine**.

Governments in the western world are concerned about the rise in anxiety in children; anxiety which can lead to mental health issues in adolescence.

At Bridgey, we integrate social and emotional learning across the week to give children the opportunity to flex and bulk up their Wellbeing Muscles. This helps children develop a healthy response to challenges. We use a range of tools that work together to help children notice their feelings and use strategies that build their confidence to manage kid sized problems. Wellbeing is a prerequisite to learning and success now and in later life. It is that important.

Please enjoy flicking through the Wellbeing Mag. If you have questions or wonderings, let us know. We can share more information on any aspect of this work and if a few people are interested, we can order a pizza and have a chat together one evening. Let us know.

dl.0636.info@schools.sa.edu.au



This was our first Big Bridgey Bush Bash and so far the highlight of our social calendar!

Thank you to all the hardworking volunteers who put an amazing and inspiring community event together.

The Whitehead family
(Charlotte Whitehead, Studio 7)

**KEEP YOUR KIDS
SAFE ONLINE**

FREE PARENT INFORMATION SESSION
with practical support for families



Wednesday, 16 May at 7pm
Wallis Auchendarroch House
Mount Barker

RSVP:
rebekhasharkie.com.au/safeonline

**REBEKHA
SHARKIE MP**
and *Carly the Ryan* foundation.

Ninna Marni (Hello)



In Studio 8, we are enjoying learning some of the Kaurna language through songs and stories. We shared some of our learning at the first assembly.

The Kaurna people of the Adelaide Plains and surrounds are the traditional owners of a large part of South Australia. It is known that they lived on the Adelaide Plains and they moved down to the coast in the summer months and into the Adelaide Hills in the cooler months.

The Kaurna language was studied and written down by German missionaries. This is most fortunate as many other Aboriginal languages have been lost due to colonization.

As an educator at Smithfield Plains, I was lucky enough to be involved in Kaurna language and cultural lessons taught by Cherylynne Catanzariti.

Hilary S8

bearing on how well he walks, talks,
reads or does algebra.

2. That the single biggest predictor of high academic achievement and high ACT scores is reading to children. Not flash cards, not workbooks, not fancy preschools, not blinking toys or computers, but Mom or Dad taking the time every day or night (or both!) to sit and read them wonderful books.
3. That being the smartest or most accomplished kid in class has never



Isn't it great to know that reading to and with your child, from very early on, is one of the best and easiest thing you can do to help them with their education? Mem Fox reminds us it should be like chocolate, not medicine. Fun, wonder and connection!

STEAM



STEAM education is the learning of science, technology, engineering, art and mathematics in an interdisciplinary or integrated approach.

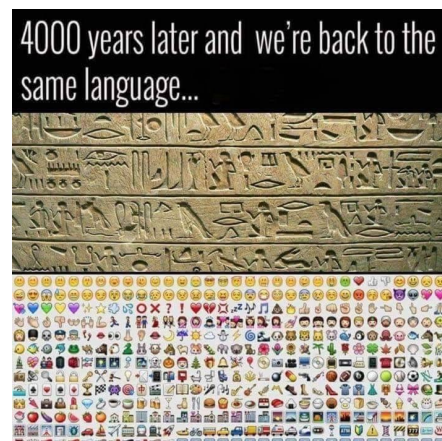
Students gain and apply knowledge, deepen their understanding and develop creative and critical thinking skills within an authentic context. It may include inquiry and project-based learning.

A vibrant capacity in science, technology, engineering, art and mathematics (STEAM) is pivotal to increasing our nation's productivity.



For more information visit:

www.stembps.weebly.com



CREATIVITY. IMAGINATION. GRIT.

At BPS we understand the importance for children to be involved in creative endeavours, exercising both imagination and grit. It is nice to see the Senior Australian of the Year, Prof. Farquhar is advocating this for all of us, young and not so young.

"We are all lucky because of our ability to embrace creativity, hence progress as a nation. Creativity is not limited to the arts, or to science, but can be applied to most activities that I can think of. I would like to see an Australia that values creativity of all kinds - scientific creativity of course, but also technical, sporting, artistic, organisational creativity."

"Mistakes are an inevitable risk of embracing creativity. Failure is not necessarily final. Only by accepting, correcting and building on mistakes, can we eventually experience the satisfaction of doing something or seeing something that has never been done or seen before."

"I would like to emphasise for young and old the importance of creativity, of struggling for honesty, and accepting there will be failures along the way in any career. It is fundamental to our progress. We must treasure it."

"And to me, the most important things in life are to struggle to improve, to struggle to be honest, and to struggle to re-evaluate one's prejudices."



Distinguished plant biophysicist, scientist and ANU Professor Graham Farquhar AO, the 2018 Senior Australian of the Year.





Port Power visited us.
Barb loved it...
'For they are mighty!'



Jonah didn't . 😊

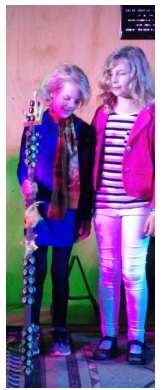


Artwork by Studio 2

Bridgewater
Raiders
Footy Club
visited too
this term.

They held
a clinic for
our budding
young footy
stars.







THE BIG BRIDGEY *Bush Bash* 2018



Dear Families

We love our Kitchen Garden program and it is easy to see the benefits it brings to our children. While initial funding to build the garden and kitchen came from the Stephanie Alexander program, that funding ceased in 2012, and it now relies entirely on funding from the school and our fund raising efforts. The Big Bridgey Bush Bash has been our major fundraiser for a few years now, raising over \$60,000. I want to both congratulate and thank all of the volunteers who work so hard to support this school community event. We could not have a Kitchen Garden program without their support or the support of the families and community members who come along and join in the fun.

This event is a huge logistical puzzle that is put together by volunteers, many of whom have little or no experience in event management, catering or dealing with personal sleep deprivation. This is all done at the expense of time with their own families as they teach their children about supporting community and doing things for others. Thank you everyone who responded to my invitation to send a message of thanks and support to these hard working volunteers.

Thank you!
Barb

Thanks for a fantastic evening!
As we are new to the school this year, we were unsure of what to expect from the Bush Bash.

It exceeded all of our expectations and provided our family with a fun night out.

Thank you for welcoming us into the school community in such a positive manner!

We particularly loved 'Haystack Hair.'



I would like to thank our beautiful school community of teachers and staff.

I appreciate the sentiment that what we as volunteers do helps the school immeasurably,
I think it's important to acknowledge being actively involved in the fabric of our school community actually brings far more than it gives.

The joy of seeing people connecting, conversing, meeting, planning, engaging over lettuce, sausages, fairy lights, bunting and bales of straw, fills my heart. To work as a part of a team of parents who are as passionate and committed to 'doing' and moving forward with solutions is inspiring and validating.

I sincerely hope we are reflecting to our children how much joy and progress can be made by contributing beyond our own small circle.

I was overwhelmed when I arrived at the BBBB at how amazing everything looked. It was incredible - so incredible that I had to take photos and share them with a friend!

So professional!

So creative!

So welcoming!

I knew it was going to be something special though because all of the students in Studio 2 had been talking about it for days.

As a new teacher at the school, I also want to say thank you for the event—a big step for really making me feel part of the school community

Thank you.

Deanne Bullen.

Dear BBBB organisers and volunteers

As a busy parent, I marvel at what other busy parents are able to squeeze into their busy week!

I whole-heartedly thank the people who organised and worked at this year's event.

Kate and I had a great time (as always). I love that my girls have been exposed to this style of music and dancing - if it wasn't for the BBBB, they would never know what a 'dosie doe' is.

I am not sure if I missed the called dancing, but it seemed like this year's band may not have done as much 'called dancing' (not sure the correct term) as previous years? I did miss this aspect from previous years, but perhaps I wasn't inside at the right time.

But none-the-less the whole atmosphere was 'dosie-doe' esque!

I do appreciate the many many hours which people have given to bring this event to the school community, thank you very, very much.

Anna (Sarre)

My stepfather (i.e. grandparent of a current student) sold \$130 worth of raffle tickets.

His colleague, Danny from Eire, won a prize and has been very enthusiastic in his praise.

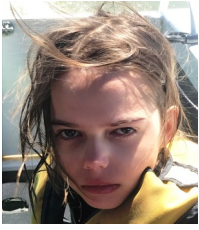
Working on getting the Irish lads to come along for future events.

This is the fourth year they've shown their support.



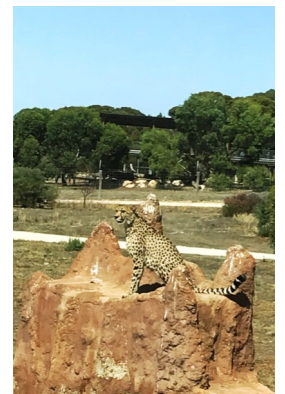
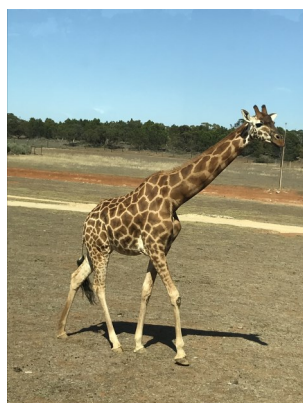
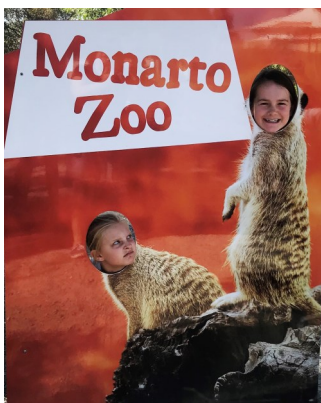


2018





**YEAR 6/7
AQUATICS
CAMP**





Studio 8



Colours of Impressionism - inspired by Claude Monet



ASSEMBLY



Studio 7 were excited to run the second assembly for the term.

The children made their own Borobi ears to match the Borobi dance they performed.

Borobi, a yellow and blue koala, is the mascot for the 2018 Commonwealth Games.

The children were eager to share their favourite Jolly Phonics sounds and teach the rest of the school a favourite yoga game.

Each child spoke confidently and should be very proud of their courage, efforts and presentation skills!



YOGA & MINDFULNESS

Studio 7 and 8 have been joining together each week in the gym or hall to practise mindfulness and yoga.

Jenna is a trained children's yoga teacher and Monica has just become qualified.

Fundamental benefits of children practising yoga includes:

- developing strength, flexibility and balance
- sustaining focus, patience, self-awareness and self-confidence
- developing body awareness and coordination
- developing social skills and supporting physical and mental wellbeing.

Throughout these sessions, we explore relaxation strategies, yoga poses, yoga games, partner activities and mindfulness. We have lots of fun!





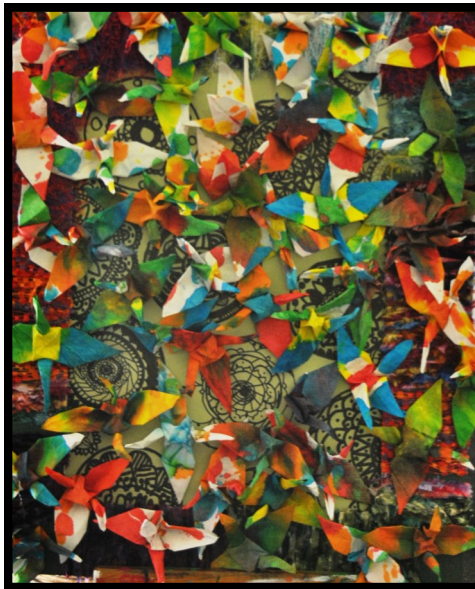
HARMONY DAY



AUSTRALIA



COMING TOGETHER



COMING TOGETHER



IN HARMONY





**Oakbank
Athletics
Day**
Years 4/5/6/7





Creativity...

Colour
Shape
Form

